

How To Do Expensive Hair Spa At Home Affordably

Hair spa once a month helps your hair to get rid of damage, dryness, dullness and reduces frizz. Yes, it can be little expensive.

Now you can do hair spa at home just like salon in an affordable way.

INGREDIENTS

Coconut oil - 2 tbsp
Hair conditioner - 3 tbsp or according to your hair length
Almond oil - 1/2 tsp (optional)
Aloe vera gel - 1 tsp
Vitamin E oil - 2 drops (optional)
A Towel
Hot water - for steam

Follow these easy steps



1

Wash your hair with your regular shampoo and dry them.



2

After drying your hair, take some coconut oil and massage your scalp for about 5-6 minute. Massaging your scalp helps to make your hair strong and makes you feel calm.

Lets make our homemade hair spa cream. Take a bowl add hair conditioner, aloe vera gel, vitamin E oil, almond oil and mix. Your homemade hair spa cream is ready.



3



4

Now make your hair strands wet using water spray. Take some cream and start applying it by taking small portion of hair strands. Apply it from bottom to top and then top to bottom, do this for 2-3 times. Apply cream to all your hair using this method.



5

After applying cream, dip a towel in hot water and squeeze the water, Wrap the towel on hair for 15 minute to give steam, remove and again dip it in water, squeeze and wrap it for another 15 minute. After steaming wash your hair using plain water.

Dry your hair and then use brush or comb then apply any hair serum. There you go...

And voila! It's done!

