



KEEP IN MIND THE 3R's

01

REDUCE

Reduce the number of goods and materials you consume. By limiting your purchases, you can keep your spending down. You can use the three-day rule to decide your true needs and avoid impulse purchases.



02

REUSE

Taking old items that can be discarded and reusing them is referred to as reusing. Jars from grocery shop foods can be used to carry lunch to work or to store leftovers. Old clothing can also be used to clean.



03

RECYCLE

You can also take part in this part of the 3 R's by purchasing recycled goods. It is now becoming very much usual to see products marked "Made from Recycled Material".

