## How to make your workspace more sustainable



Change your most-used bulbs to LEDS: LED lights are 80% more efficient than standard CFL bulbs, allowing you to reduce energy usage.

Reduce disposable plastics: Look at the disposables on offer in your workplace (plastic cutlery, disposable cups, Sellotape, bubble wrap, plastic packaging, envelope windows etc.) and decide if you can make reusable and sustainable swaps.

Think before you print: The average UK office worker prints 6,000 sheets of paper a year, of which around 62% are wasted or unnecessary.

Consider planet-friendly travel: Not all business travel is as necessary as we thought and video conferencing can be an effective alternative. Cycle or walk to work where possible or consider public transport. All of this will help reduce your travel carbon footprint.

Recycle at work: Instead of sending your snack and candy wrapper to the landfill, get a TerraCycle box and go zero-waste.



of UK adults say they're more environmentally conscious than prepandemic. 90% of people said they want to continue working from home in some capacity as restrictions are lifted.

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