

# REASONS TO VISIT A GYNAECOLOGIST



## Pelvic Exam

Having a yearly pelvic exam yearly can help detect unusual growths or other changes that may have developed



## Pap Smear

A pap smear should be part of your annual gynecological exam.



## Pregnancy

Pregnancy planning or you need advice on contraceptives

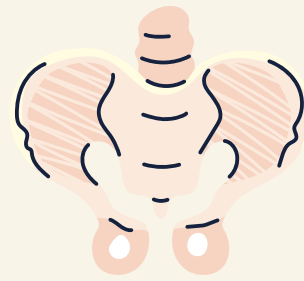


## Changes in Vaginal Discharge

Unusual discharge could be the sign of an infection. An internal exam is your best bet for discovering the cause of the issue

## General Gynecological Health

Annual check-ups will be more likely to reveal changes or issues of concern.



## Irregular Menstrual Cycle

An irregular period can be a sign of a larger health problem. Therefore, it's important that you see our gynecologist to obtain an exam.



## Breast Exam

Regular breast self-exams allow you to notice abnormalities or changes in your breasts



## Urinary Issues

If you experience pain or see blood when you urinate, you should definitely see our gynecologist

