Contact: 13000 JEEVI Email: support@jeevi.com.au



Life Coaches in Australia

EMPOWERINNG YOUR STRENGTH

<u>WELLBEING PROGRAMS</u> FOR EMPLOYEES

JEEVI is a perfect option for employee health programmes due to its knowledge, customisation, complete approach, technology-driven solutions, and constant support.

Mindfulness Meditation

Welcome to our **mindfulness meditation sydney** program.

Our classes are intended to assist people in cultivating inner peace, reducing stress, and improving their general well-being.

Community Care and Wellbeing Service

Come to our Community Care and Wellbeing Service, where we work to support and improve our community's health and well-being.

Wellness Coach

JEEVI provides Wellness Coaching services to help individuals achieve their health and wellness goals, providing guidance, support, and accountability.

CORPORATE WELLNESS PROGRAMS IN SYDNEY

JEEVI programs are designed to promote a healthy and productive work environment by supporting your