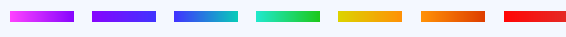




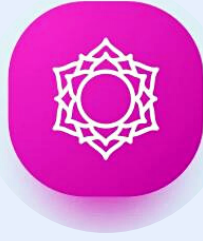
# THE SEVEN CHAKRAS

KNOW THE SYMBOL & MANTRAS  
OF THESE CHAKRAS



## CROWN CHAKRA (SAHASRARA)

White to violet purple crown chakra stone is associated with higher consciousness and spiritual enlightenment



## THIRD EYE CHAKRA (AJNA)

Located in the center of the forehead, the third eye chakra stone represents spiritual awareness.



## THROAT CHAKRA (VISHUDDHA)

Located in the throat area, the throat chakra stone represents self-expression and communication.



## HEART CHAKRA (ANAHATA)

Symbolized by a green color, the heart chakra stone is located in the center of the chest and represents love & connection.



## SOLAR PLEXUS CHAKRA (MANIPURA)

The solar plexus chakra stone is located in the upper abdomen that represents self-confidence.



## SACRAL CHAKRA (SWADHISTHANA)

Located in the lower abdomen, the orange color symbol sacral chakra stone represents emotional expression.



## ROOT CHAKRA (MULADHARA)

Located at the base of the spine, the root chakra stone represents grounding & stability.

