

# 10 SIGNS YOU NEED TO SEE A GASTROENTEROLOGIST



#### CONSTIPATION

Constipation is a condition where it gets difficult to pass stools through the bowel.



### BLOOD IN THE STOOL

This possibly occurs due to constant consumption of roughage and lack of liquids in your diet.



## CONSTANT HEARTBURN

Constant heartburn can be caused due to the presence of over spicy or acidic foods in your diet. These can lead to bigger issues like acid reflux.



#### DIARRHEA

your bowel movements (or stools) are loose and watery. It's common and usually not serious.



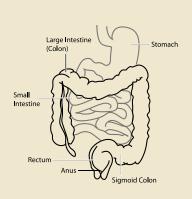
## BLOATING

Bloating is caused by heavy diets in common people, but if it stays for way longer than it should, you should consult a doctor.



## SUSPECTED GALLSTONES

Hardened digestive fluids that break down your food can cause frequent stomach aches lasting longer than avoidable.



#### SUSPECTED ULCERS

The common sign of ulcers is the ineffectiveness of antacids. If you are having a burning sensation while eating the lightest and most watery foods, you should consult a gastroenterologist.